PARISHNEWS

Eighteenth Sunday in Ordinary Time

3rd August 2014

The ripple effect

You never know what impact a small act of kindness can have. The mental health crisis in Ireland has been widely reported upon in recent years; sadly, however, many people continue to suffer in silence, and hundreds of people die by suicide in this country every year. We have a long way to go before there is an open and positive attitude to mental health in our society.

Earlier this year, the Green Ribbon campaign was launched with the aim of 'changing minds about mental health, one conversation at a time'. Their simple message, 'Time to talk', spread rapidly. Who knows how many lives were saved or transformed by the reminder that we should always be ready to listen and to help? It got me thinking about the ripple effect – how one kind word or act can make all the difference, or even save a life. What can we do to let people know we are available to help and to lend a sympathetic ear?

Today's Gospel sees Jesus taking pity on the crowds, even though he had planned some alone time, and in spite of the disciples' efforts to send them away. Are we like the disciples, sending people away when they need help? Or do we follow Jesus' example, acting with compassion and helping those we encounter?

The crowd had only five loaves and two fish, yet from this meagre beginning Jesus was able to feed five thousand people. The smallest gesture of help or kindness can multiply and bear a great amount of fruit.

Collections: 27th July 2014 Envelopes €364 Baskets €582

No. Of Envelopes Returned 55 Direct Debits 4

Our thanks and appreciation to all who subscribe so generously to the Parish

Mass schedule :Mass at 7.30pm on Mon. 4th Aug & Fri 8th AugMass at 9.00 am Tues - Thurs 5th - 7th July (Incl.)

The **Pattern in Rathanna** is on Sunday 3rd August at 3pm.

Visitation Of The Sick Fr. John will visit the sick people on his list in Ballymurphy and Rathanna on Tuesday 12th August and in the Borris area on Wednesday 13th August.

Every six seconds someone is killed or maimed on the world's roads CARLOW COUNTY COUNCIL calls on everyone to take extra care on the roads over the August Bank Holiday period. Reducing speed is important, avoiding fatigue, and not driving under the influence of any substances. With the Minister, Gardaí, NRA and RSA - we believe it's about us all putting road safety first next weekend. Borris Parish Website : www.borrisparish.ieDiocesan website www.kandle.ieParish Centre:The Parish Centre is open as usual Mon. – Fri. from 9.30 am to 12.30 pm.Phone 059 9773128; email borrisparish@gmail.comClosed Bank holidays.The Parish Centre will be closed from Thurs 14th Aug to Fri 22nd Aug (Incl.)

Eist Cancer Support Centre -The Eist Cancer Support Centre will close for two weeks from Thurs the 31st of July at 4pm and will re-open Tues the 19th of August at 9.30am Should you need any support during that time, please contact the Irish Cancer Society on 1800 200 700 Eist Cancer Support Centre Carlow, The Waterfront, Mill Lane, Carlow Town 059 91 39684 www.eistcarlowcancersupport.ie Visit us on facebook

ACCORD CARLOW: PRE-MARRIAGE COURSE, DATES AUTUMN 2014		
Sept	12 th &13	Friday & Saturday
October	10 th & 11 th	Friday & Saturday
November	14 th &15 th	Friday & Saturday
To reserve a place book online at <u>www.accord.ie</u> or call <u>059 9138738</u>		

A Triduum in honour of St Clare will take place on Thurs/Fri/Sat 7 th /8 th /9 th of August at 10am Mass in St Clare's Church. Bishop Denis Nulty will celebrate the 10am Mass on the		
feast day Monday 11 th August.		
Graiguecullen Monster Bingo:		
Tues 5 th August 2014 @ 8:30pm in Graiguecullen Hall		
Great Money to be won on the Night		
ALL LINES CHECKS €50 Double Lines €60		
FULL HOUSE'S FROM €150 / €200		
PLUS JACKPOT, INTERVAL & FLYER ON THE NIGHT		
ALL LOOSE SHEETS €2 EACH		
SIX PANEL BOOK €5.00		
Double Book €10.00		
Everyone Welcome & Bring a Friend		

Trocaire Trocaire would like to thank our parishioners for their continuing generosity despite the difficult economic times. Thanks to your generosity and support communities in many countries now have the opportunity to install water pumps and irrigation systems. The provision of water for drinking, cooking, and farming is providing families with the means to work their way out of poverty and to lead lives with dignity and potential. We will be in touch with Bishop Nulty later in the year to acknowledge donations from the Diocese of Kildare and Leighlin once full income returns have been completed. We are deeply grateful for the support Trocaire receives each year throughout the country at parish and Diocesan level.

THOUGHT FOR THE WEEK

An angel wrote

Many people will walk in and out of your life, but only true friends will leave footprints in your heart. To handle yourself, use your head; to handle others, use your heart.

Anger is only one letter short of danger.

If someone betrays you once, it's his fault; if he betrays you twice, it's your fault.

Great minds discuss ideas; Average minds discuss events; Small minds discuss people.

God gives every bird its food, but He does not throw it into its nest.

He, who loses money, loses much; He who loses a friend, loses more;

He, who loses faith, loses all.

Beautiful young people are acts of nature, but beautiful old people are works of art.

Learn from the mistakes of others. You can't live long enough to make them all yourself.

The tongue weighs practically nothing, but so few people can hold it.

Friends, you and me ... you brought another friend ... and then there were 3...we started our group...Our circle of friends ... and like that circle ... there is no beginning or end.

HAVE A WONDERFUL WEEK